SPECIAL INDIA COLLECTOR'S EDITION

# FALL 2011

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GREAT LOCAL DAY HIKES

FROM VINE 2 WINE GUIDE

THE MOST BEAUTIFUL WOMAN IN THE WORLD

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THE NEW PLAYER ON THE WORLD STAGE



## **One Unforgettable Elegant Bike Ride** Celebrita Gran Fondo

t was a glorious day in June when Elegant Living was invited to the Celebrita' Gran Fondo, a bicycle ride hosted by Celebrity Francesco Quinn and organized by Cynergy Cycles which was unlike most of the rides we've seen visit Los Angeles. In Italian, 'Gran Fondo' means big ride and if you're Italian you grew up having Gran Fondo as part of your life. Cycling's rich Italian heritage revolves deeply around the scores of Gran Fondos that are hosted by towns, bike companies and mostly former bike racers who develop the rides to raise awareness of their chosen charities. The rides are a way to celebrate all of the things in life that are most cherished by the Italians, as well as the Los Angeles riders that put together this event. A wonderful day of all things that are good; bikes, food, wine and most importantly, friendships,

The ride was hosted by Francesco Quinn, a resident of Los Angeles since he was 23. Francesco has homes in Malibu as well as Italy and brought the Italian flair to the ride. As many know, Francesco is Hollywood royalty, his father Anthony Quinn was one of the biggest Hollywood stars of his time. Francesco has a smile for everyone he meets, as do his friends who supported the ride; Cynergy Cycles of Santa Monica, Tra Di Noi Restaurants of Malibu and Beverly Hills and Malibu Family Wines all collaborated in support.

The individuals that represent these tional pace that allowed for every rider to get to know one another and companies are good friends, and felt enjoy themselves. Everyone seemed it would be a great way to spend to be someone at this ride, and we the day, riding with new friends and learned that Cynergy Cycles in Santa old. They gathered at the new Tra Di Monica is known worldwide for being Noi La Focacceria Restaurant in Bevone of the industry leaders of bicycle erly Hills, where riders were offered retail. If Saturday's roster is any indiespresso and pastries to fuel the ride cation, their store attracts the A-list and to get the day started. The ride of Hollywood as well as the biggest rolled out across Rodeo Drive lead by names in cycling. Locally owned and a Ferrari as an escort car, (yes a Feroperated, the store is where everyone rari, did I not mention the ride was on the ride shops for cycling products. all luxury?) further evidence that this In further support, Cynergy offered a crew knows how to live well. The bike technician for the ride to insure destination was Tra di Noi restaueveryone's bike was ready to go, then rant in Malibu, with the riders passoffered rides home to anyone who ing through Santa Monica, up the wished to enjoy a few glasses of wines scenic Pacific Coast Highway, to Malinstead of riding home. ibu. Upon arrival riders were greeted with a light lunch and wine from Malibu Family Wines, who are deeply

The event gave Francesco a chance to bring attention to his foundation The Francesco Quinn Legacy, which works with youth to offer the arts as a viable option for the future. The amazing food, great wines, and gorgeous group of fashionably clad cyclists made for a perfect day on a bike! It was a truly remarkable way to enjoy the sport of cycling.

In Memory of our friend Francesco Quinn we will continue our involvement and support of the Francesco Quinn Celebrita' Gran Fondo to be held in 2012. Information and dates will be announced on our website and social media. www.cynergycycles.com and Facebook page.



CELEBRITY FRANCESCO QUINN AND TARCISIO MOSCONI OWNER OF TRA DI NOI RESTAURANT LAUNCHING THE CELEBRITA GRAN FONDO RIDE.



A FREE PLUG FOR ELEGANT LIVING MAGAZINE PRINT SPON SOR FOR CELEBRITA GRAN FONDO AND ENERGY BLAST.



In Memory of Francesco Quinn ho Recently Past Away

> He Will Forever be in Our Hearts

3/22/1963-8/5/2011





ACTOR FRANCESCO CYCLIST TO THE FINAL DESTINATION, TRA DI NOI RESTAURANT IN MALIBU FOR A CELE



involved in the world of cycling, be-

As we arrived in Malibu, a closer look

revealed other celebrity faces among

the group; we noticed baseball leg-

end Barry Bond, who turns out to be

an avid cyclist. Francesco's wife Valen-

tina Castellani-Quinn, who has a long

history in the entertainment industry

and is a renowned fashion designer

was at the ride with her family. Mari

holds a World Championship title in

cycling and now rides under the Cyn-

ergy brand, was out to enjoy the ride

as well. Everyone rode at a conversa-

Holden, an Olympic medalist who

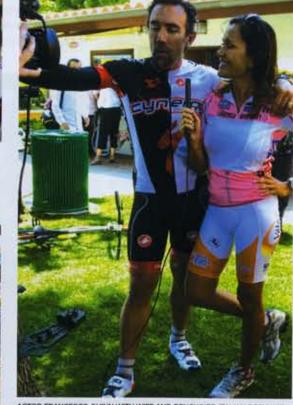
ing a major sponsor of The Tour of



ERIC WOODS, OWNER CYNERGY CYCLES, TROY ANGWIN, TARCISIO MOSCONI, OWNER TRA DI NOI RESTAURANT, JUNE MILLER RICHARDS.



RIDERS MEET UP AT TRA DI NOI RESTAURANT IN MALIBU FOR LUNCH

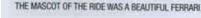


ACTOR FRANCESCO QUINN WITH WIFE AND RENOWNED ITALIAN DESIGNER VALENTINA CASTELLANI-QUINN BEING INTERVIEWED AT TRA DI NOI RESTAU-RANT IN MALIBU AFTER CELEBRITY GRAN FONDO EVENT.











# Chefs Fregola Sarda

### Toasted fregola pasta with baby octopus and arugula

This is a dish that's somewhat common in Sardinia where they make fregola-a squiggly, small pasta that gets toasted for a nutty undertone. Chef Francesco Velasco imports his fregola from Italy and serves it with tomato sauce in the traditional way. But instead of adding steamed clams to the dish like they would in Italy, he uses a combination of calamari and baby octopus that's been simmered in a white-wine broth until tender. He tosses in fresh arugula leaves just before plating for a snappy finish. LF

Can't make it to the restaurant?

Try Chef Velasco's recipes at home! www.tradinoirestaurants.com



NOW OPEN! Tra di Noi Bevelry Hills 362 North Camden Drive in Beverly Hills CA 90210 310-277-7346 | www.tradinoirestaurants.com

ENTRÉE PHOTO BY MATTHEW FRIED

#### BEVERAGE PAIRING

Barbera Da Vine wine made with barbera grapes grown in Piedmont, Italy. These grapes make a lively red wine with minerally, spicy qualities and a snap of acidity.





### ENTREE PHOTO BY MATTHEW FRIED in a tomato-guanciale sauce

#### BEVERAGE PAIRING

Villa Donoratico from Tenuta Argentiera Bolgheri -a large complex wine full of red fruit on the nose. It's slightly spicy and leaves an end note of licorice.

Chef Francesco Velasco takes long tubes of candele pasta imported from Italy and cooks them in a very large pot of salted, boiling water. He drains them and then stuffs them with a mixture of fresh basil leaves and ricotta cheese. Using scissors, he cuts the stuffed pasta (or "maccheroni ripiene" in Italian) into two-inch lengths and stands them upright inside a round metal ring mold spread with butter and lined with breadcrumbs. He pops the ring mold into the oven so the cheese filling can warm and melt. While it's doing that, Velasco whips up a sauce using sweet onions, tomatoes and guanciale (cured pig cheeks similar to pancetta). Once the pasta is warmed through, he unmolds it onto a sauced plate and grates Percorino cheese over the top. LF

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